

2024 年  
7 月

茨城県立水戸農業高等学校 部活動 月別活動計画予定・活動実績 一覧

| 活動実績 | ok | 陸上競技部 |      | 硬式野球部 |      | ソフトテニス部 |      | 男子バレーボール部 |      |      |      | 男子バスケットボール部 |      |      |      | 女子バスケットボール部 |      |      |      | 相撲部  | 剣道部  |      |      |      | サッカー部 |      |      |      | 卓球部  |      |      |      | 柔道部  |      |      |      | ラグビー部 |      |      |      | 馬術部  |      |      |      | ゴルフ部 |      |      |      | 硬式テニス部 |      |      |      | なぎなた部 |      |      |      | ボウリング部 |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
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|      |    | 活動計画  | 予定時間 | 活動実績  | 活動計画 | 予定時間    | 活動実績 | 活動計画      | 予定時間 | 活動実績 | 活動計画 | 予定時間        | 活動実績 | 活動計画 | 予定時間 | 活動実績        | 活動計画 | 予定時間 | 活動実績 |      | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間  | 活動実績 | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間  | 活動実績 | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間 | 活動実績 | 活動計画 | 予定時間   | 活動実績 |      |      |       |      |      |      |        |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
| 1    |    | 月     | Mon  | 練習    | 2:00 | 2:00    | 休み   | 0:00      | 0:00 | 練習   | 2:00 | 0:00        | 0:00 | 練習   | 2:00 | 2:00        | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00  | 練習   | 0:00 | 1:30 | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習   | 0:00 | 0:00  | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00 | 0:00 | 練習   | 1:30 | 1:30 | 0:00   | 0:00 | 練習   | 1:30 | 1:30  | 0:00 | 0:00 | 0:00 | 0:00   |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
| 2    |    | 火     | Tue  | 練習    | 2:00 | 2:00    | 練習   | 2:00      | 2:00 | 練習   | 2:00 | 0:00        | 練習   | 2:00 | 2:00 | 練習          | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習    | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00  | 0:00 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00 | 0:00 | 練習   | 1:30 | 1:30   | 0:00 | 0:00 | 0:00 | 0:00  |      |      |      |        |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
| 3    |    | 水     | Wed  | 練習    | 2:00 | 2:00    | 練習   | 2:00      | 2:00 | 練習   | 2:00 | 0:00        | 練習   | 2:00 | 0:00 | 練習          | 2:00 | 1:30 | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習    | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00  | 0:00 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00 | 0:00 | 練習   | 1:30 | 1:30   | 0:00 | 0:00 | 0:00 | 0:00  |      |      |      |        |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
| 4    |    | 木     | Thu  | 練習    | 2:00 | 2:00    | 休み   | 0:00      | 0:00 | 休み   | 0:00 | 0:00        | 練習   | 2:00 | 2:00 | 練習          | 2:00 | 0:00 | 練習   | 2:00 | 2:00 | 練習   | 2:00 | 2:00 | 練習    | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00  | 0:00 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00 | 0:00 | 練習   | 1:30 | 1:30   | 0:00 | 0:00 | 0:00 | 0:00  |      |      |      |        |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
| 5    |    | 金     | Fri  | 練習    | 2:00 | 2:00    | 練習   | 2:00      | 2:00 | 練習   | 2:00 | 0:00        | 練習   | 2:00 | 1:30 | 練習          | 2:00 | 1:30 | 休み   | 0:00 | 0:00 | 練習   | 2:00 | 2:00 | 練習    | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00  | 0:00 | 練習   | 2:00 | 2:00 | 練習   | 1:30 | 1:30 | 0:00 | 0:00 | 練習   | 1:30 | 1:30   | 0:00 | 0:00 | 0:00 | 0:00  |      |      |      |        |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |      |    |      |        |
| 6    |    | 土     | Sat  | 練習    | 3:00 | 3:00    | 練習   | 3:00      | 3:00 | 休み   | 0:00 | 0:00        | 大会   | 7:00 | 4:00 | 練習          | 4:00 | 4:00 | 練習   | 4:00 | 4:00 | 練習   | 4:00 | 4:00 | 練習    | 4:00 | 4:00 | 練習   | 3:00 | 3:00 | 練習   | 4:00 | 4:00 | 練習   | 3:00 | 3:00 | 練習    | 4:00 | 4:00 | 練習   | 3:00 | 3:00 | 練習   | 4:00 | 4:00 | 練習   | 3:00 | 3:00 | 練習     | 4:00 | 4:00 | 練習   | 3:00  | 3:00 | 練習   | 4:00 | 4:00   | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00 | 練習 | 3:00 | 3:00 | 練習 | 4:00 | 4:00</ |